

RICE PAPER

The newsletter of the Twin Cities chapter of the Japanese American Citizens League

March 1997

Twin Cities chapter celebrates 50 years!

Join us for a celebration banquet April 5 featuring a keynote speech by Mako.

The Twin Cities chapter of the Japanese American Citizens League (JACL), the United States' oldest and largest educational, civil and human rights organization representing Americans of Japanese ancestry, will celebrate its 50th anniversary at a banquet on Saturday, April 5, 1997, at the Holiday Inn West, 9970 Wayzata Blvd., in St. Louis Park.

The evening begins at 4:30 p.m. with a social time. Attendees are invited to spend this time looking at an exhibit of photos, meeting minutes and historical documents from throughout the chapter's 50 years, and bid on numerous items as part of a fundraising silent auction. Keynote speaker Mako will also be available to sign autographs during this social time. Dinner will be served beginning at 5:15 p.m.

Following dinner, critically acclaimed Japanese American actor Mako will give a keynote speech. Mako, whose career spans stage, screen and television, first created a sensation in the movies with his indelible performances in *The Sand Pebbles* (starring Steve McQueen and Candice Bergen), earning him a 1966 Academy Award and Golden Globe nomination for Best Supporting Actor. To date, he has appeared in more than 30 movies. On Broadway, he received a Tony Award nomination as Best Actor in a musical in 1976 for *Pacific Overtures*. He has appeared in more than 40 plays on and off Broadway and throughout the country.

One of Mako's proudest achievements is the founding in 1965 of East West Players, the first Asian American theater in the United States. He joined six other Asian American actors in deciding to create their own theater to further the work of Asian American actors and writers. For the next 24 years, he served as artistic director and emotional lightning rod for the theater company, supervising more than 100 productions and directing 40. He earned Best Director Awards from the Los Angeles Drama Critics Circle for *And the Soul Shall Dance* and *Pacific Overtures*.

Mako's career has spanned more than 30 films and 40 plays. (See Page 2 for a list of his most notable credits.)

His aim was to upgrade the image of the Asian American performer and to seek a true reflection of Asian history in America.

Mako's most recent venture as producer/director was the staging of Jon Shirota's *Maui, December 7, 1941*, a story of Okinawan Americans during the Pearl Harbor attack.

The 50th anniversary banquet program also features a performance of "Growing Beyond" by locally based Kogen Taiko. This mixed-media performance, combining choreographed drumming, slides and voice-overs, tells the personal histories of Minnesotans interned during World War II, between 1941 and 1946. This will be only the second time Kogen Taiko has presented this piece, which was first performed in 1995 at the Minneapolis Institute of Arts.

The Twin Cities JACL also will recognize past chapter presidents, board members and volunteers who have been a part of the organization's 50 years.

Tickets for the celebration banquet are \$25 each. Each Twin Cities JACL member household that attends this event will receive a complimentary copy of the chapter's 50th anniversary cookbook (\$10 value).

Reservations are due March 24. (Regrets are not necessary.) For questions and reservations information, call Kathy Ohama Koch, (612) 884-1560.



Make sure to arrive at the banquet by 4:30 p.m.!

There's plenty to do before dinner:

Bid on items as part of a fundraising silent auction. Spend some time browsing through photos, meeting minutes, letters and other historical documents from throughout the chapter's 50 years.

Meet Mako and perhaps even get an autograph.

Listen to favorite tunes from the '40s and '50s played by pianist LeeAnn Spike.

Enjoy a drink at the cash bar.

M A K O

For all you Mako fans, here are some of his many film and stage credits!

MOTION PICTURE CREDITS

Co-stars

Never So Few	Frank Sinatra, Steve McQueen
Ugly Dachshound	Dean Jones, Susan Pleshette
PT Boat 109	Robert Culp
The Sand Pebbles*	Steve McQueen, Candice Bergen
The Private Navy of Sgt. O'Farrel	Bob Hope
The Great Bank Robbery	Zero Mostel, Akim Tamirov
Hawaiians	Charlton Heston, Geraldine Page
Chin Moku - Silence	Shima Iwashita, Tetsuro Tamba
Bushido Blade	Richard Boone, Shinichi Chiba
The Battle Creek Brawl	Jackie Chan
An Eye for an Eye	Chuck Norris
Killer Elite	James Caan, Robert Duvall
Conan the Barbarian	Arnold Schwarzenegger
Conan the Destroyer	Arnold Schwarzenegger
POW's Escape	David Carradine
The Wash	Nobu McCarthy
Armed Response	David Carradine
Silent Assassin	Korean American Production
Hitohata - Raise the Banner	Pat Morita
The Enemy	
An Unremarkable Life	Patricia Neal, Shelly Winters
Tucker	Jeff Bridges, Martin Landau
Perfect Weapon	Jeff Speakman
Taking Care of Business	Jim Belushi
Strawberry Road	Ken Matsudaira, Pat Morita
Side Kicks	Chuck Norris, Beau Bridges
Pacific Heights	Michael Keaton, Melanie Griffin
Robo Cop 3	
Rising Sun	Sean Connery, Wesley Snipes
Red Sun Rising	Don "The Dragon" Wilson

* Nominated for Best Supporting Actor by the Academy of Motion Picture Arts and Sciences, 1966.



*Seating for the 50th anniversary banquet is limited.
Make your reservations early!*



BROADWAY & OFF BROADWAY CREDITS

Shimada	Broadway
Pacific Overtures**	Broadway
A Banquet for the Moon	Off Broadway
Yellow Fever	Off Broadway

Touring and Regional Theatres

A Majority of One	Touring
The King and I	Minnesota Opera
A Song for a Nisei Fisherman	Mark Taper
The Wash	Mark Taper

Directorial Credits

FOB	Public Theatre
Music Lesson	Public Theatre
Paper Angels ...	San Francisco Chinese Cultural Center
A Song for a Nisei Fisherman	Taper Too
King Fisher	Taper Too
Taste of Kona Coffee	Taper Too
Maui, December 7, 1941	Inner City Cultural Center

Mako also directed over 40 plays at East West Players.

** Nominated for a Tony Award for Best Actor in a Musical, 1976.

At the 50th anniversary banquet, during the 4:30 p.m. social time, attendees are invited to bid on wonderful items as part of a silent auction. Items include original art and jewelry, autographed books, celebrity items, a Selko watch, Japanese dishes and much more. At the end of the evening, winning bids will be listed next to each item. Items must be paid for and taken home that evening.

W E L C O M E

We would like to welcome these people who recently joined, or rejoined after an absence, the Twin Cities JACL.

Carole Mitsuko Bastin, Lakeville
Patricia Brugh, Minneapolis
Jerilyn Ezaki, Minneapolis
Meejah I-Ley, St. Paul
Yas Motoyoshi, Lakeville

FUNDRAISING SUCCESS!

ACL walkers brave the elements to raise funds for Smithsonian exhibit

On a cold and rainy Saturday last September, nearly 20 Twin Cities JACLeers participated in Headwaters Fund's Walk for Justice. The walkers asked people to sponsor them, with proceeds from Twin Cities JACL walkers designated to be used to help bring the Smithsonian traveling exhibition "Whispered Silences: Japanese American Detention Camps, 50 years later" to the Twin Cities in October 1997.

Thanks to sponsors and walkers, our chapter raised \$1,100 toward our exhibition fundraising goal of \$4,000!

The board has been active in raising additional funds for this exhibit and have received the following grants:

JACL Legacy Fund	\$2,000
American Express Financial Advisors	
Volunteer Action Fund	\$1,500

Our heartfelt thanks to the Legacy Fund, American Express and all of the individuals who have given money to help bring this exhibit to the Twin Cities!

About the "Whispered Silences" exhibition

On a 1982 trip north of Los Angeles, photographer Joan Myers' eye was drawn to the pagoda-shaped roofs of two small stone buildings by the side of the highway. These buildings marked the entrance to what had been the detention camp called Manzanar, one of the 10 detention camps used to intern 110,000 Japanese Americans following the attack on Pearl Harbor and the country's entry into World War II. The camps were located in some of the harshest and most desolate areas of the country.

These pagoda roofs marked Myers' entry into a project that would lead her across the western United States to photograph the remains of all 10 detention camps. The culmination of this effort, "Whispered Silences: Japanese American Detention Camps, 50 years later," sensitively documents what remains of these camps: weather-beaten objects, ruined buildings, and the memories of some of those whose lives were disrupted, whose dreams were shattered.



Twin Cities JACLeers joined 50 other grassroots organizations in Headwaters Fund's first-ever Walk for Justice. The 3.5-mile walk took place on Boom Island, Minneapolis.

Joan Myers is a respected fine art and documentary photographer who has had numerous one-person shows in museums and galleries across the United States. "Whispered Silences" features 44 of her platinum-palladium photographs accompanied by accounts from people who were confined to the detention camps. Panel text, written by Dr. Gary Okihiro, professor of history at Cornell University, describes life within the camps, the historical context of the decision to imprison Japanese Americans, and recent redress legislation.



"Whispered Silences" is being brought to the Twin Cities by the Minneapolis Public Library with the assistance of the Twin Cities JACL. The exhibition will open on Saturday, Oct. 4 at the downtown library.

1997 Twin Cities JACL board of directors

Ben A. Ezaki III, president	472-1985
Thomas Hara, vice president	420-9562
Daryl Johnson, treasurer	728-8040
Cheryl Hirata-Dulas, secretary	822-7198
Connie Fukuda, membership	927-9126
Cheryl Lund, programs	884-7420
Chris Murakami Noonan, newsletter	486-9150
Lynn Yamanaka, vice president/historian	
Joanne Kumagai, MDC governor	420-6639
David Hayashi, National JACL treasurer	822-3659

If you have questions, concerns or suggestions for the Twin Cities JACL, please feel free to call a board member.

SCHOLARSHIP NEWS

Applications due for 1997 Twin Cities JACL scholarships to be awarded to high school graduates

The Scholarship Committee of the Twin Cities JACL wishes to remind 1997 high school graduates that the deadline for submitting scholarship applications is fast approaching. All materials must be postmarked by Friday, March 14, 1997.

For the past 34 years, our local chapter has made available several scholarships of varying amounts in recognition of those students who have excelled academically, given outstanding service, or made an unusual contribution to their school and/or community.

Scholarship materials have been sent to these known 1997 graduates of Japanese ancestry: Evan Iijima (South High School); Stacy Lonjers (Rosemount High School); Jun Matsuda (Lutheran High School); Keiko Mari Snell (St. Paul Central High School); Sakura Sprecher (Burnsville High School); Jason Thompson (South High School); Miako Ushio (Southwest High School); Miyuki Voeller (St. Paul Central High School).

If you know of others, please contact Pam Dagoberg, (612) 557-2946, as soon as possible. Although the application

deadline is March 14, graduates are still encouraged to apply even if their applications are received shortly after this date.



The Twin Cities JACL's 34th Annual Scholarship Awards Program will be held at 6 p.m. Thursday, May 8, at the Campus Club in Coffman Memorial Union on the campus of the University of Minnesota. This dinner event honors all 1997 high school graduates of Japanese ancestry.



MEMBERSHIP NEWS

As many of you may have read in the Pacific Citizen, the National Council voted at the 34th Biennial National Convention in San Jose, Calif., last August to raise membership dues effective Jan. 1, 1997. This will result in the first dues increase for Twin Cities JACL members since 1989.

Here is the new dues structure:

Membership Type	National dues	Chapter & Midwest District Council*	Dues	Total
Individual	\$43.00	+	7.00	= \$50.00
Couple/Family	\$75.00	+	5.00	= \$80.00
Student/Youth	\$14.00	+	1.00	= \$15.00
Thousand Club Spouse	\$32.00	+	3.00	= \$35.00
Senior	\$43.00	+	2.00	= \$45.00
Senior Couple	\$75.00	+	5.00	= \$80.00

For renewing members, these new rates should be reflected on your renewal notice, which is sent from the national JACL office.

Since this is the first time the chapter has offered a senior rate, this new rate may not be reflected on your renewal notice, however. Seniors should note on their renewal form that they are seniors and pay only the senior rate.

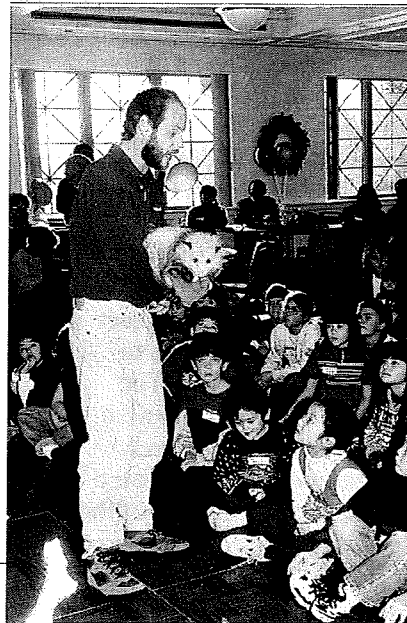
If you have questions, please contact Twin Cities JACL membership chair Connie Fukuda, (612) 927-9126.

* MDC assessment is \$1.00 per membership record.

Twin Cities JACL's eighth annual Holiday Party for Kids entertains nearly 100 people

Once again, thanks to Santa and lots of cake and gifts, 45 children celebrated the holidays at the Como Lakeside Pavilion in St. Paul.

Also, a big thank you to the many volunteers who made this party such a success!



A representative of the Minnesota Zoomobile brought snakes, insects and other small animals (including this opossum) to the party – much to the oohs and aahs and enjoyment of the kids!

Chinese, Japanese, Americanese

by Emily Miyamoto Faber

The instant that English class let out I dashed to my locker, not wanting to miss one second of lunch. My friends and I had so much to talk about. After all, in two weeks it was the dance that we had been waiting three years for, Sno-Daze.

Anxiety plagued my girlfriends, because hardly anyone was certain of who was going with whom. Lindsay was going with her boyfriend Todd, Alyssa did not have anyone in mind, and Maggie hoped to go with Moose. I had recently broken up with my boyfriend Riley. However, having a date was not too important to me, because I had to help run the dance.

Excitement coursed through the lunchroom. The cafeteria buzzed with talk of dresses, places to eat and post-dance plans. I spotted my table. It was crammed with students. Luckily, someone had saved a spot for me. Riley and his buddies were gathered around my girlfriends. I chewed on the inside of my lip and wondered why.

I claimed the vacant seat and sat down. While unpacking my lunch, I glanced up to say hello to my friends. Instead of saying hello, I was shocked to discover Riley, Todd and two other boys glaring at me, using their fingers to stretch their eyelids tight. My throat tensed up. I knew they were making fun of my eyes, Asian eyes, but I did not say a word.

Hovering over my lunch bag, I ate quickly and only spoke to the girl next to me. The laughter of the boys forced my entire body to cringe. I knew they were ridiculing me.

The next day I returned to school and walked to my locker. Riley, Todd and two other boys lingered nearby, snickering as I approached. As soon as I came within earshot, I heard them utter racial slurs, including "gook," "chink" and "jap" under their breath.

My mind went blank. Tears filled my eyes and a lump formed in my

throat. It was impossible for me to say anything without crying. I hastily gathered my books, shoved them into my backpack, and stormed off to class. Later that day I returned to my locker and discovered the word "gook" scribbled across the top of it. I jerked my backpack open, yanked out an eraser, and began to rub it furiously against my locker.

While I erased, I remembered back to when the chant, "Chinese, Japanese, Americanese" accompanied with gestures that mocked my eyes, happened daily. I remembered the numerous times hearing cars and stereos referred to as "jap crap." I remembered the times when people asked me repeatedly which one of my parents was American just to make me feel uncomfortable.

I never chose to be one-half Japanese, yet I was forced to deal with the consequences. Every day, students as well as teachers reminded me that I was different. They bombarded me with unwelcome questions that made me feel awkward and uncertain.

"Oh, Emily! You're Japanese. Could you tell us how to say parasol?" a teacher would ask.

"I don't speak Japanese," I replied coldly.

"Perhaps your mother could help us?" she questioned, determined to receive the answer she desired.

"Well, actually she is a third-generation American, and only speaks English."

"Oh, is that so?" disgusted with my reply. The conversation usually ended here.

For a long time, longer than I care to remember, I was ashamed of my mother. I did not want her to drive me to school, I did not want her to attend my "Back to School Night," and I did not want people to know that we were related. I even refused to go to the grocery store to help her pack our food into bags.

I tried to conceal that I was Japanese for many years. When I saw myself in a mirror I would see Japanese features. I tried to mask my Asian traits with makeup or a new haircut. My eyes were the most obvious. I hated them. They looked like my mother's. At that time it was humiliating to look different than my friends.

That night I returned home from school and cried. My mother cradled me on her lap just like when I was a little kid. I worried about being too big, but my mother reassured me that I would never outgrow her lap. We swayed together in the rocking chair and she wove her fingers through my sweaty hair. Our noses dripped, our eyes watered, and our box of tissues neared emptiness.

I look at my mother now and wonder how I could have wanted to forget my identity. The sparkle of her smile brings life to all that surrounds her. Her almond-shaped eyes still twinkle, even behind her well-earned bifocals. My mother has brought me up with the same independence, dignity, and pride that she possesses. For a period of time I had lost those traits.

She had hoped that I would never have to endure the painful taunts and torments that she had experienced, which began during her childhood and continue even now. In the first 12 years of my life I had been called every single racist term that my mother knew. Since this long night, we have had many more conversations. Sometimes they are about things that happen to her and sometimes they are about things that happen to me. We wonder why racism continues to happen.

Many thanks to Emily for submitting this essay to the Rice Paper. Emily is a high school student and lives in Arden Hills. This essay addresses her relationship with her mother and explores the personal feelings and effects of growing up biracial.

MEMBERSHIP

Twin Cities Chapter Japanese American Citizens League

1997 Membership Application (for new members only)

Thank you for your interest in the Twin Cities JACL. If you would like to become a member of this chapter, please check which membership category you would like, and complete the information at the bottom of the form. Membership is in effect for 12 months.

- _____ Trial membership (for first-time JACL member) \$ 20
- _____ Regular membership \$ 50
- _____ Couple/Family membership \$ 80
- _____ Student membership \$ 15
- _____ Senior membership \$ 45
- _____ Senior Couple membership \$ 80

For those who are interested in making a larger contribution to JACL, these membership options are available:

- _____ Thousand Club membership \$ 60
- _____ Century Club membership \$120
- _____ Spouse of Thousand/Century Club member \$ 35

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____

ISSUES/CONCERNS/SUGGESTIONS OR OTHER COMMENTS FOR THE TWIN
CITIES JACL BOARD: _____

Send this form to membership chair:

**Connie Fukuda
4300 Eton Place
Edina, MN 55424**

Phone: (612) 927-9126

Make checks payable to Twin Cities JACL.

Minneapolis Institute of Arts hosts program examining Japanese American photography

"Shadows and Patterns: Japanese American Pictorial Photography, 1920 - 1940"

7 p.m. Thursday, March 27
Pillsbury Auditorium, Minneapolis
Institute of Arts
Free and open to the public.
Cosponsored by the Photography Council.

At the outbreak of World War II, Japanese Americans were forced into confinement in relocation camps. At this time, a remarkable chapter in the history of photography came to a close. A number of the relocated Japanese Americans were art photographers who had seen their prints celebrated worldwide in the pictorial exhibitions and publications of the 1920s and '30s.

On March 27, Dennis Reed discusses the rediscovery of surviving prints, and he examines the contribution made by these nearly forgotten photographers. He also addresses the Japanese American photographers included in the exhibition "After the Photo-Secession: American Pictorial Photography, 1910-1955," which is on exhibit at the Minneapolis Institute of Arts until May 4, 1997.

Reed is author of *Japanese Photography in America, 1920-1940*, and co-author of *Pictorialism in California, Photographs: 1900-1940*.

◆◆◆
Make sure to check out
pages 11 and 12
for details on upcoming
Twin Cities JACL events!
◆◆◆

THEATER MU PRESENTS

Legend of the White Snake Lady

By Rick Shiomi
Artistic Director & Interim Managing Director

April 11 to 27
Southern Theater, 1420 Washington Ave. S.,
at Seven Corners, Minneapolis

Opens 8 p.m. Friday, April 11
Runs 8 p.m. Thursday - Saturday, April 12 -
26; 2 p.m. Sunday, April 13, 20 and 27
Tickets: \$14 Friday & Saturday; \$12 Thursday
& Sunday; \$2 discount to students, seniors,
low-income; Southern members; \$3 discount
groups of 10+.
For ticket information, call (612) 340-1725.

Legend of the White Snake Lady is a classic Asian folk tale about a snake spirit who chooses human form over immortality. White Snake Lady desires to feel fully the joys and sorrows of human life, and to experience love as a wife and mother. But that experience is fraught with danger and delusion, fear and betrayal, love and loathing. Theater Mu brings this story to life in a large canvas dance-drama, in collaboration with the renowned Chinese choreographer Shen Pei.

Writes Theater Mu: "Theater Mu is a professional Asian American theater company that gives voice to Asian Americans. Through the transformational power of our theater works, we aspire to redefine the culture and community in which we live.

"Over the past four years, Theater Mu has grown from a seedling idea into a vital young tree vibrating with life. We are living a dream that is bursting with the synergy of a whole community of creative artists. We are growing stronger every day."

Hennepin County sponsors meeting on "Changing Times: Making Welfare Reform Work"

Thursday, March 20
8 a.m. to 4 p.m.

Zurah Shrine Center,
2540 Park Ave. S., Minneapolis
Registration required. For more
information, call Jim Wescott,
(612) 348-3812 or Rex
Holzemer, (612) 348-3456.

The Minnesota State Legislature is currently debating the policies that will frame our state's version of welfare reform. Soon, we will be faced with the challenges and opportunities of implementing these policies. Welfare reform will require us to enhance our existing working relationships and forge new partnerships.

At this meeting, participants will be sharing information and discussing the changes needed to implement welfare reform.

The Twin Cities JACL Credit Union is looking for board members

For more than 40 years, the Twin Cities JACL Credit Union has served members of the Twin Cities JACL chapter - with one of the best track records for credits unions in Minnesota.

Many very capable and faithful people have served as board members of the credit union during its history. However, many of the current board members have contributed 20+ years of service, and it's time for some new leaders to step forward.

If you're interested or have questions, call Roy Kyono, president, (612) 881-2917.

DONORS NEEDED

At the JACL National Convention in San Jose last summer, a resolution was adopted proposing the need for bone marrow registration in the National Registry by Asian Americans.

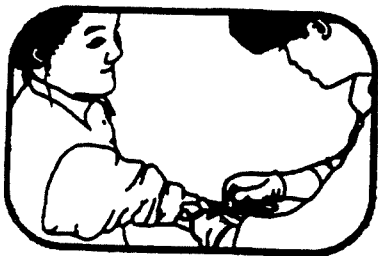
The National Registry total for Asian Americans is only 4.8 percent, the lowest minority representation besides Native Americans.

Donating marrow cures such diseases as leukemia, histiocytic disorders, Hodgkins's lymphoma, inherited immune system disorders, malignancy and non-malignant diseases, plasma cell disorder and severe aplastic anemia.

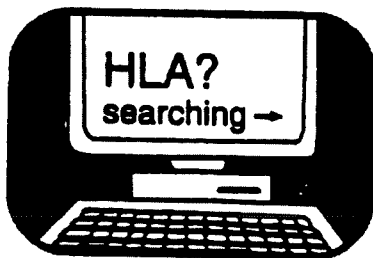
Marrow donor registration involves giving a small amount of blood.

With a series of tests, the blood is matched. However, the chances of any two unrelated individuals of any race matching are between 1 to 100 and 1 to 1,000,000! The chances of finding an unrelated match are better among people of the same racial or ethnic background. *Please consider registering as a bone marrow donor!*

HOW DO I BECOME A MARROW DONOR?



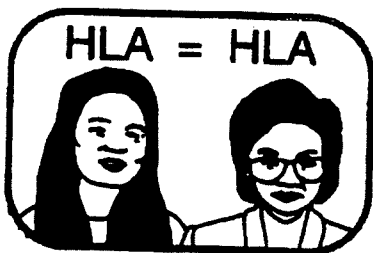
1 Give 2-3 tablespoons of blood and consent to be entered on NMD registry. Must be 18-55 years of age and in good health.



2 Your blood is analyzed and the results are stored in the NMDP's computer which is searched internationally.



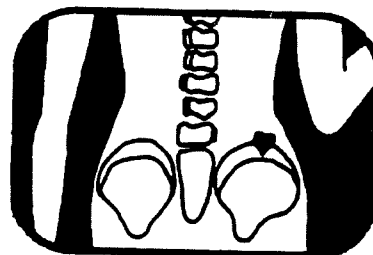
3 You are contacted by a donor center if you are a preliminary match.



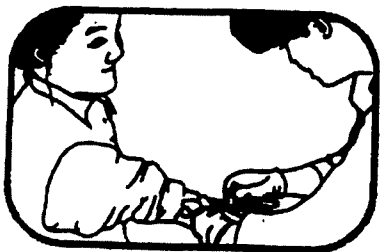
4 To find out whether you are an exact match for a patient, additional blood tests are done. If you match you will be given counselling and a physical exam.



5 After being fully informed, you make the decision to donate.



6 A small amount of your marrow is collected from the back of your pelvic bone ♥ using a special needle and syringe. Anesthesia is used during this simple surgical procedure.



7 After an overnight stay in the hospital, normal activity may be resumed. Donors may feel soreness for a few days. Your marrow naturally replenishes itself within a few weeks.

Asian American Donor Program

Phone: (800) 59-DONOR Fax: (510) 523-3790

2363 Mariner Square Drive, Suite #241

Alameda, CA 94501

This information was reprinted from the Detroit JACL newsletter (January 1997). Thanks to Ryoko Yamaguchi and Toshi Shimoura, who authored this article.

When to Sell a Stock

by Ben A. Ezaki III
Dean Witter Reynolds Inc., Minneapolis

The key to success in owning equities is to base your investment decisions on factual information – not on your emotions. That is why you should talk to your broker and review appropriate print materials (such as corporate annual reports and articles in the financial press) whenever stocks you own undergo a significant rise or fall in price. These sources will generally provide the information you need to help you decide whether or not it is time to sell.

When is it time to reevaluate?

There are several indications that a stock may be ripe for selling, not the least of which is a sharp rise or fall in the price or price-to-earnings (P/E) ratio. Also, unusually strong buying volume can mean that a stock is approaching its high. Moreover, if you find yourself with a stock that everyone wants, consider selling it to them. "Winning streaks" of good news rarely last forever.

Some investors decide when they're going to sell before they've even bought by selecting a target price and reevaluating when the stock price reaches that level.

A more subtle sign that it could be time to sell is when the stock price does nothing for a long period of time. Although you've incurred no losses other than commission costs, you have foregone potentially higher returns from other investments. Perhaps the rapid growth that the company expected didn't materialize. Stagnant investment funds are a good reason to take another look at your holdings.

As a rule of thumb, ask yourself, "If I had the money right now, would I buy this stock again?"

Signals that it may be time to sell

- A cut in the dividend
- Quarterly earnings that are 10 percent or more below analysts' expectations
- A slow down in the growth of trailing 12-month earnings

How do I know if the company is in trouble?

Once you've decided to review your investment, the next step is to determine whether your original premise for buying the stock remains intact. Looking at the company's "Four Ms" can help you decide.

- **Merchandise:**
Has the nature of the company's product or service changed? Has a new technology been developed that may render the company's product obsolete?
- **Market Share:**
Has a new competitor entered the marketplace? Has a substitute for the company's product been introduced that is more cost-effective or convenient?
- **Margins:**
What has been driving earnings growth – efficient operations that enable a greater percentage of revenue to make it to the bottom line, expanding market share, or price increases? Are these trends sustainable?
- **Management Strategy:**
Has the company launched an advertising campaign geared toward children when historically it targeted adults? Has it been attempting to penetrate the Northeast market when its past successes have been in the Southwest? Has it changed its image from lower cost to higher quality?

Although changes in these factors do not necessarily mean trouble, they could explain weakness or strength in the stock.

If you have questions, call your broker. You can even call the company. Most companies have investor relations specialists who can provide timely information.

The most important rule is to have a rule

Perhaps the most important rule in deciding when to sell is to have a rule. The more you lose on an investment, the more you will have to recoup just to break even. So whether you sell when your stock reaches its book value, when it hits a predetermined target price, when earnings growth slows, or just when you see a better opportunity, a systematic approach is preferable to a whim.

If you would like more information about stocks, please call me at (612) 340-6715 or (800) 786-6770.

Information and data in this report were obtained from sources considered reliable. Their accuracy or completeness is not guaranteed and the giving of the same is not to be deemed a solicitation on Dean Witter's part with respect to the purchase or sale of securities or commodities.

Cookbooks on sale April 5!

86 Twin Cities JACLeers contributed 369 recipes for the chapter's 50th anniversary cookbook. A complimentary copy of the cookbook will be given to each chapter member household that attends the anniversary banquet April 5. Copies will be sold for \$10 each.

Thanks to all who contributed their favorite recipes. A special thanks to David and Kathy Koch for their many hours of work on this project!

NIKKEI PROJECT

Minnesota Nikkei Project discusses care of aged and physically and mentally impaired Japanese Americans

by Sam Honda, Minnesota Nikkei Project

At its third gathering in October 1996, an informal informational meeting was held with Mr. Zimmerman, director of the First Christian Church Residence Home. Mr. Zimmerman wished to pose several questions to Nikkei Project members regarding care for aged and physically and mentally impaired people of Japanese descent.

Also invited to speak during the meeting was Dr. Kasahara, who is with the Minnesota Age and Opportunity service and is director of Alliance Home Care Services, the service organization used by First Christian Church Residence Home. He discussed the importance of preserving the Japanese culture and the possibility of focusing on a place

where that culture would be preserved in simple traditions such as caring for one another, traditional foods and music. He has found that in his long-standing care of the aged, emotional needs play a major role in the all-encompassing health care of the elderly.

Here are a few of the questions that were posed during the meeting:

- Would the Japanese community be interested in services provided by a home care service specifically geared for Japanese people?
- Would the Japanese community be interested in gradual-to-continuous care in a residence setting?
- Would the Japanese community be interested in respite care for terminally ill patients?

- Would the Japanese community be interested in a day care service to give care givers a rest?

Please keep in mind that these programs are not Nikkei Project programs, but they could be. At this time, concerns are being initiated by Mr. Zimmerman and Dr. Kasahara.

We would welcome any comments, concerns or questions regarding any of the above questions. Please call Sam Honda, (612) 429-3410.

If we find this program to be feasible, we may have another meeting with Mr. Zimmerman and Dr. Kasahara.

PEOPLE

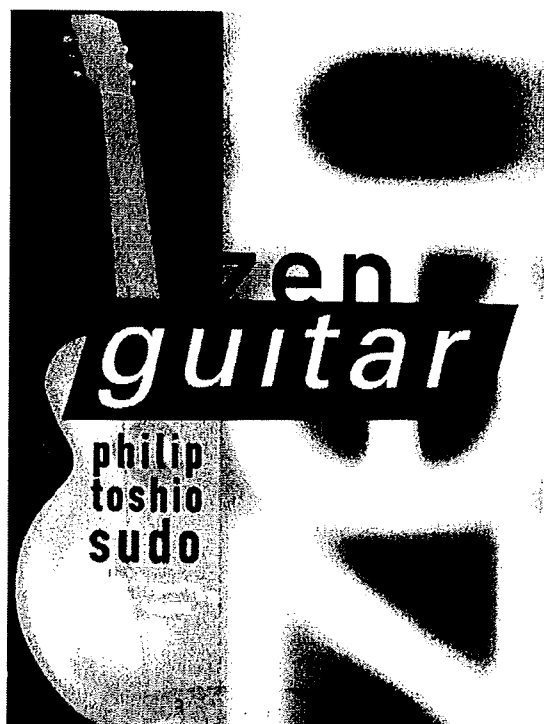
Author finds Zen in music making

Take the ancient wisdom of the East, apply it to the most popular instrument in the West, and what you get is *Zen Guitar* – published February 1997 by Simon & Schuster (\$20) – a series of life lessons written through the metaphor of music.

The book's author is **Philip Toshio Sudo**, son of Twin Cities JACLer **Sally Sudo**. Philip, born in the United States, began playing Western-style guitar at age 11 while living in Japan. He returned to go to college in Minnesota and eventually moved to New York, where he worked as a journalist and played rock/jazz guitar wherever and whenever he could. In 1993 he served as official musician of the New York Marathon. Three years ago, Philip moved to Maui, where his father is buried. He spent the first seven months there writing *Zen Guitar*, which grew out of a notebook he began keeping on his amp, jotting down notes between takes, while in New York.

While other books have shown the applicability of zen to endeavors such as karate, archery and flower arranging, *Zen Guitar* is the first to introduce zen philosophy through music. Making no mention of scales or notes or music theory, it's written so that anyone, even those knowing nothing about music, can learn to identify the zen spirit in a song and see how it carries over to all walks of life, from the classroom to business to sports to childrearing and the home.

For sample chapters and other information about *Zen Guitar*, visit the web site at http://www.maui.net/~zen_gtr



This article contains excerpts from the Honolulu Advertiser and the Honolulu Star-Bulletin.

Twin Cities JACL RICE PAPER, page 10

March 1997

AT A GLANCE

Highlights of JACL board meetings

Following is a summary of the major items discussed at the Twin Cities JACL board meetings Oct. 8, Nov. 12, 1996; Jan. 14, Feb. 11, 1997.

MEMBERSHIP

A roster received from National JACL in October listed 264 members of the Twin Cities chapter. The board discussed membership dues increases effective Jan. 1, 1997, as a result of the a rate increase incurred on a national level. (See Page 4 for more information.) A new membership directory will be distributed in spring 1997.

COALITION COMMITTEE

The committee is planning a community forum for June 7. This will be an opportunity for chapter members to discuss issues and ideas that are important to them, and this will help provide direction for the committee's action plan.

PROGRAMS

The board discussed plans for many upcoming programs. (See "Coming Up" column on this page.)

50TH ANNIVERSARY CELEBRATION BANQUET

A committee has been formed to plan this event to be held April 5. (See Page 1 and 2 for details.)

HISTORIAN

Lynn Yamanaka is going through photos, minutes and other materials (much of which was stored at the Minnesota Historical Society) from the chapter's history. She is putting together an exhibit for the 50th anniversary banquet.

SCHOLARSHIP PROGRAM

Pam Dagoberg updated the board on the scholarship committee's plans and the application process.

CONFERENCES

Chapter members Joanne Kumagai (Midwest District Council governor), David Hayashi (National JACL Treasurer) and Ben Ezaki (Twin Cities JACL president) attended the fall MDC meeting and will attend the spring meeting in St. Louis.

Ben will attend a JACL leadership conference March 8-12 in Washington, D.C.

Board and chapter members are encouraged to attend the Tri-District meeting in Chicago this summer.

YOUTH

Several board and chapter members met to discuss plans to begin gathering youth input for future programs. Focus groups, a video project and asking scholarship applicants and recipients to volunteer at JACL events were some of the ideas that may be pursued.

ANNUAL MEETING

Cheryl Hirata-Dulas presented ballots received from members approving the 1996 Treasurer's Report; the 1996 President's Report; and the 1997 Proposed Budget. 1997 board members were installed by MDC governor Joanne Kumagai.

COMING UP!

Friday, March 14

High school scholarship applications due

Friday through Sunday, March 14 to 16

Midwest District Council meeting in St. Louis

Tuesday, March 25

50th anniversary planning committee meeting

Friday, April 4

Board reception for Mako

Saturday morning/afternoon, April 5

Theater Mu workshop with Mako

Saturday, April 5

Twin Cities JACL's 50th anniversary celebration banquet

Saturday and Sunday, April 12 and 13

Sukiyaki dinner set up and serving

Thursday through Sunday, May 1 to 4

Festival of Nations

Thursday, May 8

Scholarship and high school graduates recognition banquet

Saturday, June 7

JACL Community Forum sponsored by the Coalition Committee to discuss issues and ideas important to chapter members

Thursday through Saturday, July 31 to Aug. 2

Tri-District meeting in Chicago [Chapter members are encouraged to attend; if you're interested call Ben Ezaki, (612) 472-1985.]

Sunday, Aug. 10

Summer picnic

Saturday, Oct. 4

"Whispered Silences" exhibit opens at Minneapolis Public Library

We appreciate hearing from readers with comments and suggestions on improving this newsletter. We also appreciate news items and articles from the Japanese American community. Rice Paper is published four times a year. Thanks to all who contributed to this issue!

The Twin Cities JACL Rice Paper

Chris Murakami Noonan, editor 148 Hemlock Place, Vadnais Heights, MN 55127 (612) 486-9150

**Japanese
American
Citizens
League**

RICE PAPER
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St. Paul, MN 55127

TWIN CITIES CHAPTER

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Mark your calendars! (And, can you help out at these events?)

Twin Cities JACL

SUKIYAKI DINNER

SUNDAY APRIL 13, NOON TO 6 P.M.

Union Congregational Church
3700 Alabama Ave. S., St. Louis Park
(3 blocks north of Excelsior Blvd. at Alabama Ave.)

MENU: Sukiyaki, rice, cucumber & shrimp salad,
ice cream, fortune cookie & tea

Tickets \$8, \$4 children under 10

All JACL members will be mailed Sukiyaki Dinner tickets that can be sold to benefit the Scholarship and Operating Funds of the Twin Cities JACL. For every 5 tickets sold, members will receive 1 complimentary dinner ticket.

**FOR TICKETS AND RESERVATIONS,
CALL TOM HARA, (612) 420-9562.**

(IF YOU CAN HELP SERVE OR BUS TABLES,
CALL DAVID HAYASHI, (612) 822-3659.)

FESTIVAL OF NATIONS

THURSDAY TO SUNDAY, MAY 1 TO 4

St. Paul Civic Center

Our ribbon fish demonstration booth and gift merchandise booth are major fundraising events for our chapter.

Can you work a three-hour shift at one of these booths?

No experience necessary! Each volunteer receives a complimentary admission ticket to the Festival to enjoy the sights and sounds of this ethnic celebration. We also need help setting up the booths on Wednesday, April 30 and taking down the booths on Sunday, May 4.

**IF YOU CAN HELP, PLEASE CALL CHUCK TATSUDA JR.,
(612) 724-7264.**

(IF YOU KNOW HOW TO MAKE RIBBON FISH AND CAN MAKE 50 OR SO
PRIOR TO THE FESTIVAL, CALL LIL HONDA, (612) 429-3410.
THESE WILL BE SOLD AT THE FESTIVAL.)